

GOVERNMENT OF THE UNITED STATES VIRGIN ISLANDS
DEPARTMENT OF LABOR
Office of the Assistant Commissioner

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LIFT Labor Investing For Tomorrow

Message from the Desk of the Assistant Commissioner
Arah C. Lockhart

The Labor Investing for Tomorrow (LIFT) program was created by the Department of Labor in 1989 as a summer internship program to provide college level students with an on-the-job orientation in various professional fields. LIFT is open to you if you are between the ages of 18 – 25, inclusive, have completed at least three (3) years of college, and have a minimum G.P.A. of 2.80.

LIFT administrators have designed a highly competitive selection process for the program and the essay will be 60% of the determining factor. Essays will be judged based on Content (30%), Organizational Development (30%), Mechanics (30%) and Style (10%). For this reason, we ask that you submit your completed application and all supporting documents by the **March 31, 2010 deadline**.

Your application passes through several checkpoints before it is forwarded to the office of the Assistant Commissioner for Employment and Training for a final assessment. Applicants that have successfully passed the elimination process are then scheduled for interviews.

During the minimum eight weeks of LIFT employment, interns are paid an average of \$11.00/hour and are expected to work 35 hours per week. We want to provide you with the opportunities to practice and promote your skills, network, and establish valuable contacts within your area of interest.

Take the time to complete the application. There are many opportunities here for you at home in the Virgin Islands. Do not take a chance on your future . . .

Sincerely,

A handwritten signature in blue ink that reads "Arah C. Lockhart".

Arah C. Lockhart
Assistant Commissioner of E & T

Investing In Tomorrow . . . Today"



*The Virgin Islands Department of Labor is an Equal Opportunity Employer/Program with Equal Opportunity Programs.
Auxiliary aids and services are available upon request to individuals with disabilities.*